



MetSEA News

Upcoming Dates

Speedo Heats
SOPAC
6 February 2010

MetSEA Forum
Club Rivers
21 February 2010

Development Meet-
Bexley Pool
28 March 2010

MetSEALs Weekend
Narrabeen —
21-23 May 2010

Winter Meets-
SOPAC
23 May 2010—
13 & O Age Group

29 May 2010—
12 & U Age Group

Summer Meet—
SOPAC
27 November 2010

Summer Wrap Up

The 10&U meet was held at Engadine Pool. The weather was kink to us, with a warm and sunny day. Thank you to the parents who volunteered to timekeep. We had 162 swimmers with 713 entries. 17 records were broken.

A very special thank you to the members of the **Engadine Swimming Club** who were our hosts for the meet and made sure that the dedicated officials were well fed and watered. Special mention to the wonderful announcer and medal presenting team of **Corina Vitelli** and **Kerry and Rod Tippett** who stepped up to the mark at the last minute to help out on the day and did a very good job indeed.

The 11&O meet was held at SOPAC. We had 368 Swimmers and 1700 entries. 89 records were either set or broken.

The Distance meet was held at Bexley Pool. Thank you to the many people who helped to timekeep and especially to the parents and swimmers who helped turn lap counters in the 800m and 1500m events.

Speedo Heats

Speedo Heats will be held at SOPAC on 6 February, warm up at 8am and 8.45am start. Clubs would have already received information about Speedo Heats from SNSW. Program and TM e-file for entries have already been sent to clubs and are also on MetSEA website. Entries close with MetSEA on Saturday 30 January. ABSOLUTELY NO LATE ENTRIES.

Development Meet

MetSEA will be having a Development meet on March 28 at Bexley Pool. Warm up at 1pm and 1.30pm start. Events will be 50m free, back, breast, fly and 100m freestyle. Target age group 8 years to 16 years, non Metrop qualifiers. More information to follow.



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Forum

The Area is to run a Forum on Sunday 21 February, the purpose of the Forum is to detail some issues that the Development, Competitions and ATSC (old ALEC) committees have identified. As our Area is still relatively new, large and growing it is imperative that clubs come together to learn about and discuss issues that the Area will face in the coming year.

The Competition Committee will speak on the new SNSW competition structure, planning for winter and summer meets amongst other things.

The Development Committee will speak about the restructuring of development squads, costs of running the squads and selection criteria.

The ATSC will speak about technical officials, costumes, rules and protocols. Of course there will be plenty of opportunities to ask questions, make suggestions and discuss any issues your club has. Interested in attending? Please look out for the invitation of the Area website.

Winter Dates

The Area has 2 dates for our winter meets, 23 May and 29 May, both at SOPAC so put these dates in your diary. More in line with SNSW new competition structure, the meets will be broken up into 2 age groups. Events for 12&U will be run on 29 May while events for the 13&O age group will be run on 23 May. Reasonable finish time expected on both days.

Development Squads Renamed

The Area B and C squads have been renamed by the swimmers selected for these squads on their first meeting. The B squad will now be called *The Piranhas*. The C squad will now be known as *The MetSeals*, their motto—"we're young, we have fun, we will overcome."



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2010 Summer Meet

So far only 1 day at SOPAC, that is 27 November. SOPAC is fully booked in November and the Area will have to look for another day at a local pool. Age group break up for program of events is yet to be determined.

Cherry Smith—ALEC

Cherry, who has been our ALEC Convenor has recently resigned from her position with the Area. Cherry has been very active running training courses for officials and assessing new officials. She will be greatly missed. Cherry has accepted a position with Swimming NSW as an Events Co-ordinator.

Cherry has assured me that she still is available to volunteer within our Area.

Good Lucky Cherry with your new position!



John Owen has agreed to fill the convenor's position until the next AGM.