

# RECORDS MetSEA Long Course

As at 1/1/2010

## LC Meters-Female

8 & U	50 Free	38.77	29-Nov-08	CRAN	Summer Walker	Cranbrook Eastern Edge
	50 Back	45.19	29-Nov-08	CRAN	Summer Walker	Cranbrook Eastern Edge
	50 Breast	51.72	14-Nov-09	BREA	Mariah Moshovis at 2009 MetSEA 10 and Under Summer Champs	
	50 Fly	41.52	29-Nov-08	ASAQ	Georgia Strain	Ascham L4 Swim Club
8-8	100 Free	1:23.95	29-Nov-08	CRAN	Summer Walker	Cranbrook Eastern Edge
	100 Back	1:38.81	29-Nov-08	CRAN	Summer Walker	Cranbrook Eastern Edge
9-9	50 Free	35.19	14-Nov-09	SLCA	Ruby Hatcher at 2009 MetSEA 10 and Under Summer Champs	
	100 Free	1:18.36	29-Nov-08	SPLC	Katarina Popovic	Sydney Plc
	50 Back	40.85	29-Nov-08	SPLC	Kayla Rogers	Sydney Plc
	100 Back	1:29.57	14-Nov-09	CRAN	Summer Walker at 2009 MetSEA 10 and Under Summer Champs	
	50 Breast	49.40	29-Nov-08	SPLC	Kayla Rogers	Sydney PLC
	100 Breast	1:48.50	14-Nov-09	SLCA	Ruby Hatcher at 2009 MetSEA 10 and Under Summer Champs	
	50 Fly	40.47	14-Nov-09	CRAN	Summer Walker at 2009 MetSEA 10 and Under Summer Champs	
	100 Fly	1:31.29	29-Nov-08	SPLC	Katarina Popovic	Sydney Plc
10 & U	200 IM	2:56.22	29-Nov-08	HVAQ	Olivia Gunawan	Hurstville Aquatic Swim Club
	200 Free Relay	2:19.02	29-Nov-08	SLCA	Slc Aquadot Swim Team	
	200 Medley Relay	2:38.09	29-Nov-08	BAYS	Bayside Swimming Club	
10-10	50 Free	33.70	14-Nov-09	CRAN	Lara Molle at 2009 MetSEA 10 and Under Summer Champs	
	100 Free	1:10.22	29-Nov-08	LEIC	Monique Rae	Leichhardt Swim Club
	50 Back	38.38	29-Nov-08	CRAN	Lucy McJannett	Cranbrook Eastern Edge
	100 Back	1:19.62	29-Nov-08	HVAQ	Olivia Gunawan	Hurstville Aquatic Swim Club
	50 Breast	44.76	29-Nov-08	PEAK	Nicole Chan	Peakhurst Asc
	100 Breast	1:34.97	29-Nov-08	PEAK	Nicole Chan	Peakhurst Asc
	50 Fly	36.87	29-Nov-08	PEAK	Nicole Chan	Peakhurst Asc
	100 Fly	1:23.81	29-Nov-08	HVAQ	Olivia Gunawan	Hurstville Aquatic Swim Club
11-11	50 Free	29.95	28-Nov-09	MLCM	Taylor Atkins at 2009 MetSEA 11 and Over Summer Champs	
	100 Free	1:06.36	28-Nov-09	MLCM	Taylor Atkins at 2009 MetSEA 11 and Over Summer Champs	
	200 Free	2:26.45	29-Nov-08	BAYS	Alessandra Colombini	Bayside Swimming Club
	50 Back	36.12	28-Nov-09	MLCM	Olivia Gunawan at 2009 MetSEA 11 and Over Summer Champs	
	100 Back	1:19.69	29-Nov-08	JNES	Jacinta Mattingly	Jones Swimming Club
	200 Back	2:46.31	29-Nov-08	BAYS	Alessandra Colombini	Bayside Swimming Club
	50 Breast	39.10	29-Nov-08	ASAQ	Amy Light	Ascham L4 Aquatics
	100 Breast	1:29.72	28-Nov-09	CRSS	Mai Soliman at 2009 MetSEA 11 and Over Summer Champs	
	200 Breast	2:58.15	29-Nov-08	ASAQ	Amy Light	Ascham L4 Aquatics
	50 Fly	33.58	28-Nov-09	MLCM	Olivia Gunawan at 2009 MetSEA 11 and Over Summer Champs	
	100 Fly	1:16.56	29-Nov-08	ASAQ	Amy Light	Ascham L4 Aquatics
	200 Fly	3:07.58	29-Nov-08	LEIC	Charlotte Hobbs	Leichhardt Swim Club
200 IM	2:47.11	29-Nov-09	BAYS	Alessandra Colombini	Bayside Swimming Club	
12-12	50 Free	29.49	28-Nov-09	BAYS	Hannah Donaldson at 2009 MetSEA 11 and Over Summer Champs	
	100 Free	1:04.00	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	
	200 Free	2:17.80	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	
	50 Back	33.47	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	
	100 Back	1:12.56	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	
	200 Back	2:37.31	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	
	50 Breast	40.23	29-Nov-08	CRSS	Maddison Dwyer	Carss Park
	100 Breast	1:25.00	29-Nov-08	SPLC	Lauren Sloane	Sydney Plc
	200 Breast	3:04.39	29-Nov-08	CRSS	Martha Spilioti	Carrs Park Swim Club
	50 Fly	31.52	29-Nov-08	ASAQ	Alanis Olesch-Byrne	Ascham L4 Aquatics
	100 Fly	1:11.13	29-Nov-08	CRSS	Martha Spilioti	Carss Park
	200 Fly	2:31.24	29-Nov-08	CRSS	Martha Spilioti	Carss Park Swim Club
	200 IM	2:38.20	28-Nov-09	BAYS	Alessandra Colombini at 2009 MetSEA 11 and Over Summer Champs	

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As at 1/1/2010

13 & U	200 Free Relay	2:02.36	<b>29-Nov-08</b>	SPLC	Sydney Plc
	200 Medley Relay	2:14.15	<b>29-Nov-08</b>	SPLC	Sydney Plc
13-13	50 Free	29.02	<b>28-Nov-09</b>	ENGA	Caitlyn Richardson at 2009 MetSEA 11 and Over Summer Champs
	100 Free	1:03.35	<b>29-Nov-08</b>	SLCA	Tanaz Dhondy Slc Aquadot Swim Team
	200 Free	2:15.34	<b>29-Nov-08</b>	SLCA	Tanaz Dhondy Slc Aquadot Swim Team
	50 Back	33.24	<b>28-Nov-09</b>	ASAQ	Alanis Olesch-Byrne at 2009 MetSEA 11 and Over Summer
	100 Back	1:13.06	<b>28-Nov-09</b>	ASAQ	Alanis Olesch-Byrne at 2009 MetSEA 11 and Over Summer
	200 Back	2:39.06	<b>28-Nov-09</b>	ASAQ	Alanis Olesch-Byrne at 2009 MetSEA 11 and Over Summer
	50 Breast	38.35	<b>29-Nov-08</b>	TRGR	Catherine Macarounas Trinity Grammar
	100 Breast	1:22.67	<b>28-Nov-09</b>	CRSS	Maddison Dwyer at 2009 MetSEA 11 and Over Summer Champs
	200 Breast	2:57.99	<b>28-Nov-09</b>	CRSS	Maddison Dwyer at 2009 MetSEA 11 and Over Summer Champs
	50 Fly	31.13	<b>28-Nov-09</b>	ASAQ	Alanis Olesch-Byrne at 2009 MetSEA 11 and Over Summer
	100 Fly	1:11.66	<b>28-Nov-09</b>	USWM	Kiani Fukui at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:34.15	<b>28-Nov-09</b>	USWM	Kiani Fukui at 2009 MetSEA 11 and Over Summer Champs
	200 IM	2:40.92	<b>28-Nov-09</b>	SSSD	Michaela Campbell at 2009 MetSEA 11 and Over Summer Champs
14-14	100 Free	1:03.18	<b>28-Nov-09</b>	SSSD	Tanaz Dhondy at 2009 MetSEA 11 and Over Summer Champs
	200 Free	2:15.52	<b>28-Nov-09</b>	SSSD	Tanaz Dhondy at 2009 MetSEA 11 and Over Summer Champs
	100 Back	1:12.93	<b>30-Nov-08</b>	BAYS	Ashley Stone Bayside Swimming Club
	200 Back	2:41.21	<b>30-Nov-08</b>	BAYS	Ashley Stone Bayside Swimming Club
	100 Breast	1:20.72	<b>28-Nov-09</b>	TRGR	Catherine Macarounas at 2009 MetSEA 11 and Over Summer
	200 Breast	2:56.29	<b>28-Nov-09</b>	SSSD	Laura Grenfell at 2009 MetSEA 11 and Over Summer Champs
	100 Fly	1:11.84	<b>28-Nov-09</b>	NCAQ	Rebecca Kennedy at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:46.22	<b>30-Nov-08</b>	MBRA	Gabrielle Canizares Maroubra Swimming Club
	200 IM	2:43.47	<b>30-Nov-08</b>	SLCA	Bridget Little Slc Aquadot
15-15	100 Free	1:04.08	<b>28-Nov-09</b>	SLCA	Bridget Little at 2009 MetSEA 11 and Over Summer Champs
	200 Free	2:18.01	<b>28-Nov-09</b>	SLCA	Bridget Little at 2009 MetSEA 11 and Over Summer Champs
	100 Back	1:10.10	<b>28-Nov-09</b>	BAYS	Sarah Hoyles at 2009 MetSEA 11 and Over Summer Champs
	200 Back	2:35.35	<b>28-Nov-09</b>	SSSD	Stephanie Andrews at 2009 MetSEA 11 and Over Summer Champs
	100 Breast	1:22.67	<b>28-Nov-09</b>	SPLC	Michaela Le at 2009 MetSEA 11 and Over Summer Champs
	200 Breast	2:55.17	<b>30-Nov-08</b>	PEAK	Caitlin Gratsounas Peakhurst Asc
	100 Fly	1:08.10	<b>28-Nov-09</b>	BAYS	Sarah Hoyles at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:39.94	<b>30-Nov-08</b>	PEAK	Caitlin Gratsounas Peakhurst Asc
	200 IM	2:30.25	<b>28-Nov-09</b>	BAYS	Sarah Hoyles at 2009 MetSEA 11 and Over Summer Champs
16 & O	100 Free	1:00.33	<b>28-Nov-09</b>	CRAN	Jordan White at 2009 MetSEA 11 and Over Summer Champs
	200 Free	2:11.32	<b>28-Nov-09</b>	SLCA	Brittany Houghton at 2009 MetSEA 11 and Over Summer Champs
	100 Back	1:12.60	<b>28-Nov-09</b>	SYDU	Gabriella Chan at 2009 MetSEA 11 and Over Summer Champs
	100 Breast	1:18.59	<b>28-Nov-09</b>	SLCA	Brittany Houghton at 2009 MetSEA 11 and Over Summer Champs
	200 Breast	2:42.27	<b>30-Nov-08</b>	CKPP	Samantha Marshall Cook & Phillip Swimming Club
	100 Fly	1:04.14	<b>28-Nov-09</b>	SYDU	Emma Gray at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:23.59	<b>28-Nov-09</b>	SYDU	Kate Johnson at 2009 MetSEA 11 and Over Summer Champs
	200 IM	2:39.31	<b>28-Nov-09</b>	BREA	Alana Dulguro at 2009 MetSEA 11 and Over Summer Champs
Open	50 Free	27.69	<b>28-Nov-09</b>	SYDU	Emma Gray at 2009 MetSEA 11 and Over Summer Champs
	400 Free	4:29.08	<b>15-Nov-08</b>	SLCA	Jordan White SLC Aquadot
	800 Free	9:50.33	<b>29-Nov-09</b>	SSSD	Jessica Errington at 2009 Metsea Distance Meet
	1500 Free	19:31.71	<b>29-Nov-09</b>	SSSD	Jessica Errington 2009 MetSEA Distance Meet
	50 Back	32.53	<b>28-Nov-09</b>	SYDU	Gemma Johnson at 2009 MetSEA 11 and Over Summer Champs
	50 Breast	33.45	<b>30-Nov-08</b>	CKPP	Samantha Marshall Cook & Phillip Swimming Club
	50 Fly	30.13	<b>28-Nov-09</b>	SLCA	Jessica Lauricella at 2009 MetSEA 11 and Over Summer Champs
	400 IM	5:14.29	<b>29-Nov-09</b>	CRSS	Caitlin Gratsouas at 2009 Metsea Distance Meet
	200 Free Relay	2:04.11	<b>30-Nov-08</b>	SLCA	Slc Aquadot
	200 Medley Relay	2:19.33	<b>30-Nov-08</b>	SLCA	Slc Aquadot Swim Team

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As at 1/1/2010

## LC Meters-Male

8 & U	50 Free	35.43	<b>29-Nov-08</b>	LEIC	Eric Rodriguez	Leichhardt Swim Club
	50 Back	42.97	<b>14-Nov-09</b>	CRAN	Mackenzie Gavin at 2009 MetSEA 10 and Under Summer Champs	
	50 Breast	50.49	<b>29-Nov-08</b>	MLCM	Leo Hsu	Mlc Marlins Swim Team
	50 Fly	41.05	<b>29-Nov-08</b>	LEIC	Eric Rodriguez	Leichhardt Swim Club
8-8	100 Free	1:18.01	<b>29-Nov-08</b>	LEIC	Eric Rodriguez	Leichhardt Swim Club
	100 Back	1:33.63	<b>14-Nov-09</b>	CRAN	Mackenzie Gavin at 2009 MetSEA 10 and Under Summer Champs	
9-9	50 Free	32.69	<b>29-Nov-08</b>	NCAQ	Christopher Hoare	NC Aquatics
	100 Free	1:15.18	<b>14-Nov-09</b>	NCAQ	Nicholas Hards at 2009 MetSEA 10 and Under Summer Champs	
	50 Back	41.38	<b>29-Nov-08</b>	USWM	Jacob Stevens	UniSwim
	100 Back	1:28.99	<b>29-Nov-08</b>	USWM	Yale Yi	UniSwim
	50 Breast	49.19	<b>14-Nov-09</b>	MLCM	Anthony Klepac at 2009 MetSEA 10 and Under Summer Champs	
	100 Breast	1:41.84	<b>14-Nov-09</b>	MLCM	Anthony Klepac at 2009 MetSEA 10 and Under Summer Champs	
	50 Fly	40.76	<b>14-Nov-09</b>	NCAQ	Nicholas Hards at 2009 MetSEA 10 and Under Summer Champs	
	100 Fly	1:30.88	<b>29-Nov-08</b>	SPLC	Thomas Salmon	Sydney Plc
10 & U	200 IM	2:58.94	<b>29-Nov-08</b>	MLCM	Taha Dannaoui	Mlc Marlins Swim Team
	200 Free Relay	2:20.98	<b>29-Nov-08</b>	NCAQ	NC Aquatics	
	200 Medley Relay	2:47.44	<b>29-Nov-08</b>	NCAQ	NC Aquatics	
10-10	50 Free	31.81	<b>14-Nov-09</b>	NCAQ	Christopher Hoare at 2009 MetSEA 10 and Under Summer Champs	
	100 Free	1:09.26	<b>14-Nov-09</b>	NCAQ	Christopher Hoare at 2009 MetSEA 10 and Under Summer Champs	
	50 Back	39.39	<b>14-Nov-09</b>	USWM	Jacob Stevens at 2009 MetSEA 10 and Under Summer Champs	
	100 Back	1:27.08	<b>29-Nov-08</b>	MLCM	Blake Artemi	Mlc Marlins Swim Team
	50 Breast	45.47	<b>29-Nov-08</b>	MLCM	Geoffrey Guo	Mlc Marlins Swim Team
	100 Breast	1:37.78	<b>14-Nov-09</b>	HVAQ	Jasen Yu at 2009 MetSEA 10 and Under Summer Champs	
	50 Fly	38.01	<b>29-Nov-08</b>	USWM	Joshua Stevens	UniSwim
	100 Fly	1:22.65	<b>29-Nov-08</b>	MLCM	Taha Dannaoui	Mlc Marlins Swim Team
11-11	50 Free	30.92	<b>29-Nov-08</b>	BAYS	Henry Kamp	Bayside Swimming Club
	100 Free	1:07.99	<b>29-Nov-08</b>	MLCM	Matthew Gu	Mlc Marlins Swim Team
	200 Free	2:17.93	<b>28-Nov-09</b>	NCAQ	Joel Walker at 2009 MetSEA 11 and Over Summer Champs	
	50 Back	34.67	<b>28-Nov-09</b>	USWM	Leonard Mah at 2009 MetSEA 11 and Over Summer Champs	
	100 Back	1:20.12	<b>29-Nov-08</b>	JNES	Zac Cardassilaris	Jones Swimming club
	200 Back	2:35.83	<b>28-Nov-09</b>	NCAQ	Joel Walker at 2009 MetSEA 11 and Over Summer Champs	
	50 Breast	37.15	<b>28-Nov-09</b>	MLCM	Geoffrey Guo at 2009 MetSEA 11 and Over Summer Champs	
	100 Breast	1:22.61	<b>28-Nov-09</b>	MLCM	Geoffrey Guo at 2009 MetSEA 11 and Over Summer Champs	
	50 Fly	33.53	<b>29-Nov-98</b>	CRAN	Joshua Bernard	Cranbrook Eastern Edge
	100 Fly	1:15.54	<b>28-Nov-09</b>	MLCM	Taha Dannaoui at 2009 MetSEA 11 and Over Summer Champs	
	200 IM	2:49.68	<b>29-Nov-08</b>	CRSS	Jon Ryan	Carrs Park
	12-12	50 Free	29.09	<b>28-Nov-09</b>	TRGR	Dillan Pienaar at 2009 MetSEA 11 and Over Summer Champs
100 Free		1:02.23	<b>28-Nov-09</b>	TRGR	Dillan Pienaar at 2009 MetSEA 11 and Over Summer Champs	
200 Free		2:20.26	<b>29-Nov-08</b>	CRSS	Sam Fowler	Carss Park
50 Back		35.75	<b>28-Nov-09</b>	SLCA	Jason Tibbitts at 2009 MetSEA 11 and Over Summer Champs	
100 Back		1:12.20	<b>28-Nov-09</b>	BAYS	Cameron Harkins at 2009 MetSEA 11 and Over Summer Champs	
200 Back		2:47.27	<b>29-Nov-08</b>	TRGR	James Traiforos	Trinity Grammar
50 Breast		36.36	<b>29-Nov-08</b>	HVAQ	Janmy Hu	Hurstville Aquatic Swim Club
100 Breast		1:21.17	<b>28-Nov-09</b>	MLCM	Vincent Hsu at 2009 MetSEA 11 and Over Summer Champs	
200 Breast		2:55.44	<b>29-Nov-08</b>	HVAQ	Janmy Hu	Hurstville Aquatic Swim Club
50 Fly		33.82	<b>28-Nov-09</b>	HVAQ	Michael J. Jones at 2009 MetSEA 11 and Over Summer Champs	
100 Fly		1:08.61	<b>29-Nov-08</b>	CRSS	Sam Fowler	Carss Park
200 Fly		2:38.32	<b>28-Nov-09</b>	CRSS	Jon Ryan at 2009 MetSEA 11 and Over Summer Champs	
200 IM		2:43.79	<b>28-Nov-09</b>	NCAQ	Jack Harrison at 2009 MetSEA 11 and Over Summer Champs	
12-13		800 Free	9:36.22	<b>15-Nov-08</b>	CRSS	Kazimir Boskovic

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13 & U	200 Free Relay	1:56.14	<b>29-Nov-08</b>	CRSS	Carss Park
	200 Medley Relay	2:14.50	<b>29-Nov-08</b>	BAYS	Bayside Swimming Club
13-13	50 Free	27.06	<b>28-Nov-09</b>	MLCM	Mitchell Atkins at 2009 MetSEA 11 and Over Summer Champs
	100 Free	58.11	<b>28-Nov-09</b>	MLCM	Edward Marks at 2009 MetSEA 11 and Over Summer Champs
	200 Free	2:10.07	<b>28-Nov-09</b>	SLCA	Kyle Druery at 2009 MetSEA 11 and Over Summer Champs
	50 Back	30.60	<b>28-Nov-09</b>	MLCM	Edward Marks at 2009 MetSEA 11 and Over Summer Champs
	100 Back	1:08.22	<b>28-Nov-09</b>	MLCM	Jaewook Yoo at 2009 MetSEA 11 and Over Summer Champs
	200 Back	2:39.63	<b>29-Nov-08</b>	BAYS	Max Swadling Bayside Swimming Club
	50 Breast	34.71	<b>28-Nov-09</b>	HVAQ	Janmy Hu at 2009 MetSEA 11 and Over Summer Champs
	100 Breast	1:17.23	<b>28-Nov-09</b>	BREA	Elias Rizk at 2009 MetSEA 11 and Over Summer Champs
	200 Breast	2:49.57	<b>29-Nov-08</b>	BAYS	Sam Disalvo Bayside Swimming Club
	50 Fly	28.16	<b>28-Nov-09</b>	MLCM	Edward Marks at 2009 MetSEA 11 and Over Summer Champs
	100 Fly	1:06.24	<b>28-Nov-09</b>	SLCA	Kyle Druery at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:23.52	<b>28-Nov-09</b>	SLCA	Kyle Druery at 2009 MetSEA 11 and Over Summer Champs
	200 IM	2:28.19	<b>28-Nov-09</b>	MLCM	Mitchell Atkins at 2009 MetSEA 11 and Over Summer Champs
	14-14	100 Free	57.32	<b>28-Nov-09</b>	TRGR
200 Free		2:07.12	<b>30-Nov-08</b>	MLCM	Te Haumi Maxwell Mlc Marlins Swim Team
100 Back		1:10.22	<b>28-Nov-09</b>	NCAQ	Jake Baggaley at 2009 MetSEA 11 and Over Summer Champs
200 Back		2:30.88	<b>30-Nov-08</b>	MLCM	Te Haumi Maxwell Mlc Marlins Swim Team
100 Breast		1:14.71	<b>28-Nov-09</b>	BAYS	Sam Disalvo at 2009 MetSEA 11 and Over Summer Champs
200 Breast		2:43.30	<b>28-Nov-09</b>	BAYS	Sam Disalvo at 2009 MetSEA 11 and Over Summer Champs
100 Fly		1:06.07	<b>30-Nov-08</b>	USWM	Victor Lucas UniSwim
200 Fly		2:28.25	<b>30-Nov-08</b>	USWM	Victor Lucas UniSwim
200 IM		2:26.90	<b>28-Nov-09</b>	NCAQ	Jake Baggaley at 2009 MetSEA 11 and Over Summer Champs
15-15		100 Free	55.77	<b>30-Nov-08</b>	NCAQ
	200 Free	2:01.33	<b>30-Nov-08</b>	NCAQ	Andrew Kennedy NC Aquatics
	100 Back	1:05.96	<b>30-Nov-08</b>	NCAQ	Andrew Kennedy NC Aquatics
	200 Back	2:23.00	<b>30-Nov-08</b>	NCAQ	Andrew Kennedy NC Aquatics
	100 Breast	1:14.63	<b>28-Nov-09</b>	SLCA	Jarrold L. Syme at 2009 MetSEA 11 and Over Summer Champs
	200 Breast	2:43.56	<b>28-Nov-09</b>	BAYS	Jakk Wilson at 2009 MetSEA 11 and Over Summer Champs
	100 Fly	1:01.20	<b>28-Nov-09</b>	USWM	Victor Lucas at 2009 MetSEA 11 and Over Summer Champs
	200 Fly	2:26.74	<b>30-Nov-08</b>	BREA	Dean Trapalis Breakers Swim Club
	200 IM	2:23.21	<b>30-Nov-08</b>	NCAQ	Andrew Kennedy NC Aquatics
	16 & O	100 Free	52.66	<b>28-Nov-09</b>	SLCA
200 Free		1:57.13	<b>30-Nov-08</b>	SLCA	Calum Timms Slc Aquadot Swim Team
100 Back		1:03.74	<b>28-Nov-09</b>	NCAQ	Andrew Kennedy at 2009 MetSEA 11 and Over Summer Champs
200 Back		2:14.14	<b>28-Nov-09</b>	NCAQ	Matt Spence at 2009 MetSEA 11 and Over Summer Champs
100 Breast		1:05.65	<b>28-Nov-09</b>	SLCA	Matthew Condos at 2009 MetSEA 11 and Over Summer Champs
200 Breast		2:30.12	<b>30-Nov-08</b>	SLCA	Matthew Condos Slc Aquadot Swim Team
100 Fly		57.49	<b>30-Nov-08</b>	SLCA	Calum Timms Slc Aquadot
200 Fly		2:07.15	<b>30-Nov-08</b>	SLCA	Calum Timms Slc Aquadot Swim Team
200 IM		2:10.22	<b>28-Nov-09</b>	NCAQ	Andrew Kennedy at 2009 MetSEA 11 and Over Summer Champs
Open		50 Free	23.86	<b>28-Nov-09</b>	SLCA
	400 Free	4:14.04	<b>29-Nov-09</b>	SLCA	Luke Ashford at 2009 Metsea Distance Meet
	800 Free	9:10.62	<b>29-Nov-09</b>	SLCA	Nicholas Grinter 2009 MetSEA Distance Meet
	1500 Free	16:37.89	<b>15-Nov-08</b>	NCAQ	Andrew Kennedy NC Aquatic
	50 Back	28.20	<b>28-Nov-09</b>	NCAQ	Andrew Kennedy at 2009 MetSEA 11 and Over Summer Champs
	50 Breast	32.87	<b>30-Nov-08</b>	USWM	Joshua Scott UniSwim
	50 Fly	25.88	<b>28-Nov-09</b>	NCAQ	Matt Spence at 2009 MetSEA 11 and Over Summer Champs
	400 IM	5:11.34	<b>15-Nov-08</b>	CRSS	Benson Aryana Carrs Park
	200 Free Relay	1:50.00	<b>30-Nov-08</b>	SLCA	Slc Aquadot Swim Team
	200 Medley Relay	2:05.88	<b>30-Nov-08</b>	SLCA	Slc Aquadot Swim Team