



SWIMMING METRO SOUTH EAST
Summer Development Meet
Sunday 28 March 2010
Bexley Pool

Please note swimmers must swim slower than times below to enter that event.

Warm up 1pm

Start 1.30pm

M	F	Event	QT
1	2	8 Years 50m Breaststroke	54.00
3	4	9-10 Years 50m Breaststroke	52.00
5	6	11-12 Years 50m Breaststroke	47.00
7	8	13-14 Years 50m Breaststroke	43.00
9	10	15-16 Years 50m Breaststroke	43.00
	11	10 & U 4x50m Freestyle Relay	
13	14	11 & O Years 100m Freestyle	1:13.00
15	16	8 Years 50m Butterfly	48.00
17	18	9-10 Years 50m Butterfly	45.00
19	20	11-12 Years 50m Butterfly	41.00
21	22	13-14 Years 50m Butterfly	36.00
23	24	15-16 Years 50m Butterfly	36.00
25	26	10 & U 100m Freestyle	1:18.00
	27	11 & O 4x50m Freestyle Relay	
29	30	8 Years 50m Backstroke	51.00
31	32	9-10 Years 50m Backstroke	47.00
33	34	11-12 Years 50m Backstroke	42.00
35	36	13-14 Years 50m Backstroke	39.00
37	38	15-16 Years 50m Backstroke	39.00
39	40	8 Years 50m Freestyle	42.00
41	42	9-10 Years 50m Freestyle	40.00
43	44	11-12 Years 50m Freestyle	35.00
45	46	13-14 Years 50m Freestyle	32.00
47	48	15-16 Years 50m Freestyle	31.00

Conditions of Entry

1. Meet conducted under the rules of Swimming NSW Ltd
2. All events are time finals
3. Entries are to be submitted on SNSWL **multi entry cards** with summary sheet
4. As this is a Development Meet swimmers **must swim slower than the entry time** to enter that event. Those swimmers who equal or better the QT time will not be credited with a placing or receive a place ribbon.
5. Ribbons will be awarded to the first three places in each event, including both ages in dual age events. Ribbons will be awarded for relays.
6. No phone or late entries will be accepted
7. **Age as at 28 March 2010**
8. Programs: \$3.00 Spectators: Free
9. Cheques made payable to Swimming Metro South East Area
10. **Entry fee \$4.00 per event, \$7.00 per relays**
11. **Entries close Saturday 20 March 2010**
12. **All entries to:** 180 Botany St, Kingsford 2032
Enquires: Jo Wazny 0418 965 147 or
John Aitken 0403 274 475

E-File: www.metsea.org.au

Email: competition@metsea.org.au